



Jog with a dog

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Jog with a dog on Sunday

Photo: File

People are often not the only ones struggling with their weight and fitness, so on Sunday, 13 February, the Cayman Animal Rescue Enthusiasts in partnership with St. Matthew's University Veterinary College, will present its second annual 5K Dog Jog.

All joggers and walkers are welcome, but the organisers have a particular focus on those running with their dogs, with special prizes, sponsored by Cayman Animal Hospital, for the first dogs to drag their respective male and female running partners over the finish line.

T-shirt (for you) and prizes (for the dogs)

The event starts and finishes in the parking lot next to St. Matthew's Residence Suites on Raleigh Quay at 7.30am. The \$20 entry fee includes a T-shirt donated by BritCay, and entry into many random raffle prizes, the draw will take place after the race's completion. There will also be awards for the top five male and female runners. Water will be provided along the course for runners and their four-legged companions.

Proceeds support CARE

All proceeds

will be donated to CARE to assist the organisation in addressing Cayman's animal over-population problem and improve the welfare of Cayman's animals.

Since its incorporation in August 2009, CARE has assisted in the spaying and neutering of over 250 dogs and cats, as well as arranging for pick up and delivery of these pets to and from their veterinary appointments. Partnering with Ogier's Animal Welfare Fund, the organisation has also been busy delivering doghouses to dogs that have no shelter of their own. The Home to Call Their Own programme was rolled out in East End, and CARE has successfully arranged for more than 15 dog houses to be donated in other communities in Cayman.

For information on these and other CARE programmes, including their puppy transfers, join CARE on Facebook, visit caymancare.ky or email caymancare@candw.ky

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