

WHO IS CARE?

C.A.R.E.'S MISSION IS TO PREVENT ILL-TREATMENT. **CRUELTY AND SUFFERING** TO ALL DOMESTIC ANIMALS AND TO ELIMINATE OVER-**POPULATION AND**



ITS ACCOMPANYING PAIN AND SUFFERING BY ACTIVELY PROMOTING SPAYING AND **NEUTERING. ALSO TO ENDEAVOR TO EDUCATE ON RESPONSIBLE PET** OWNERSHIP, ANIMAL WELFARE AND ANIMAL BEHAVIOR BY ENGAGING THE HEARTS. HANDS AND MINDS OF THE COMMUNITY TO HELP THE ANIMALS.

WHO IS

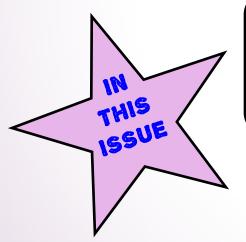


KIDSCARE IS ABOUT HELPING YOU LEARN TO MAKE A **DIFFERENCE IN YOUR COMMUNITY BY TEACHING YOU** HOW TO CARE FOR ALL LIVING THINGS, BIG AND SMALL.

WHAT IS PET ZONE?

KIDSCARE **PROGRAM** STARTED AS AN INTERACTIVE SCHOOL **PRESENTATION** TEACHING KIDS THE BASICS ON HOW TO CARE FOR THEIR PETS AS WELL AS EMPATHY TOWARDS ALL LIVING THINGS. PET ZONE IS **ABOUT** REACHING AS MANY KIDS AS POSSIBLE ACROSS THE **ISLANDS** TO SPREAD AWARENESS AND IMPROVE THE COMMUNITY WE LIVE IN.





LEARN THE TOP THINGS TO KNOW **ABOUT TAKING** CARE OF A HORSE

> WHAT TO DO IF A DOG IS CHASING YOU

LEARN TO MAKE YOUR OWN CAT TOYS!

> **CAN YOU RECALL ALL 5** FREEDOMS?

WHAT DOES IT **MEAN TO BE NOCTURNAL?**

> HELP FIDO'S NEW **OWNER GIVE** HIM THE **BEST HOME** POSSIBLE!

LEARN HOW TO READ YOUR CAT'S BODY LANGUAGE!

WHAT **CAN YOUR BIRD EAT?**

FIND OUT WHO WON THIS **ISSUE'S KIDSCARE HERO!**





CONTACT US!

KIDS@CAYMANCARE.KY 938-CARE (2273)





DO YOU REMEMBER THE 5 FREEDOMS?

As humans we can ask someone for food if we are hungry, or put a sweater on if we are cold. But what about our pets? They rely on us for the things they need to survive. Each of the 5 freedoms makes us think about life from their point of view. See if you can remember what they are by playing the game below. Match the right freedom to the right description. Challenge your friends to see who can get all 5!

I don't like sleeping in the dirt and mud. Give me a nice bed to make sure I have the freedom from.... FREEDOM FROM BEING UNCOMFORTABLE FREEDOM FROM BEING SCARED

The "Five Freedoms" of Animal Welfare



Take me to the vet to make sure I have freedom from...

FREEDOM FROM PAIN INJURY AND DISEASE

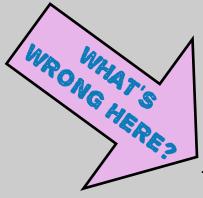
When my stomach rumbles or I spend a lot of time in the heat running around I need these things to make sure I have the freedom from...

FREEDOM FROM HUNGER AND THIRST

FREEDOM TO ACT

Sometimes I run around and jump and act silly, other times I like to spend time alone. Let me do these things to make sure I have the freedom to...

Thunder and lightning sure is loud! Bring me inside during storms to make sure I have the freedom from...



Keeping the 5
freedoms in
mind, write
down what is
wrong in each
of the photos
below and what
you would do to
make it better



This kitten does not look OK!
Where should his owners
take him?

This poor
guy is tied up
and can't
protect
himself from
the sun or
rain. What
should his
owner do?





This dog has a house, but where is his food and water?

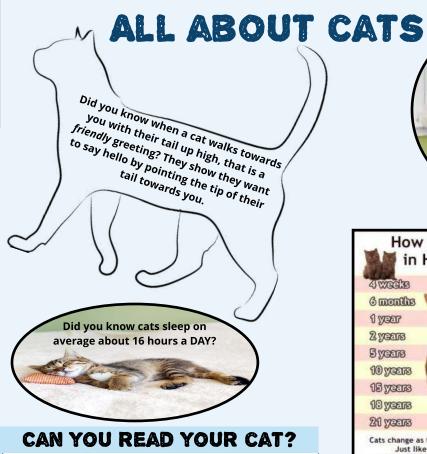


bird have
enough
room to fly
and move
around?
What should
her owners
change
about her
home?

Does this



Rabbit's are prey animals, meaning they get scared easily and need to have places to hide to feel safe. What should this rabbits owner do?











How often should my cat go to the vet?

If your cat is healthy, at least once yearly for a check up and vaccinations. If your cat is older or sick, it may be recommended to be more often.

What is the youngest age a cat can start having kittens?

4-5 months old

Is it bad to have your male cat neutered?

No, it's good. This will help keep him at home, prevent fights with other cats, and prevent cancer in the future.

ASK DR.JOYCE - ALL ABOUT CATS!

Should my female cat have a litter before we spay her?

No, letting a female cat have a litter before spaying her will increase the risk of her getting diseases caused by pregnancy, emergency surgery needed during labor, uterine infections, and cancer in the future. It is better to spay them before she has her first litter.

What are the most important things my cat should be protected against in Cayman and how do I protect them?

External parasites (fleas, ticks, mites), dog fights, feline leukemia, feline AIDS, feline rhinotracheitis, feline calici virus, panleukopenia, and heartworm disease. Many of these diseases are prevented by vaccinating your cat once yearly, giving them monthly parasite protection, and keeping them indoors or in a safe neighborhood.

How often should you trim a cat's nails?

Once monthly if your cat is kept indoors only. If you have an outdoor cat, they need their nails to climb trees and protect themselves against dogs, do not trim their nails.

How long do cats live for?

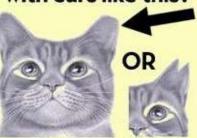
10-24 years in my experience

ASK DR.JOYCE!

I've seen some cats with a little clip in their ear, what does that mean and how does that happen?

That small clip shows that the cat was spayed or neutered and they can no longer have kittens. This happens by people safely catching these cats, taking them to a veterinarian for surgery, and then returning them home. This helps reduce the amount of wild and homeless cats in Cayman.

Have you seen cats with ears like this?



These cats have been "ear-tipped" or "notched". This is a surgical alteration showing that a freeliving cat has been spayed/neutered. It's part of "TNR", which means "Trap", "Neuter", "Return".

How many litters per year can a cat have?

About 2-3 litters per year is common in cats, but it is possible for them to have more. One cat can have over 100 kittens in her lifetime!

MAKE YOUR OWN CAT TOYS!



Puzzle Box

Find an old box and cut some holes in the top and on the sides. Place a ball, toy or treats inside the box and challenge your cat to try to get the fun out!



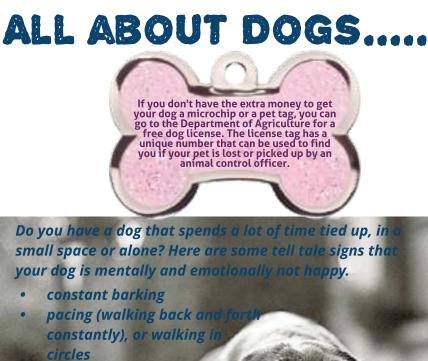
Wand Toys

If you've got string, you will have a happy kitty! Tie a cork, feather, pipe cleaner, etc to the end for your cat to chase. Use your imagination, the possibilities are endless!



Toilet Paper Roll Toys

Attach pipe cleaners, pom poms, string, etc to empty toilet paper rolls for hours of fun for you and your kitty. Cut them up into fun shapes to give lots of variety.



continuous licking of one

sleeping all or most of

lots of tail chasing

Sticky or dry tongue and/or

at mouth.

gums; thick saliva; may froth

chewing objects

their body



A trained dog means a happy dog and family. To train your dog use treats and praise to show him the behaviours you want more of and ignore or re-direct the behaviours you don't like. DOGS DO WHAT WORKS!!!



vomiting and diarrhea (may be bloody).

Their heartbeat is much faster than normal.

Just as important
as fresh water,
your pets need
to be able to
access shade in
the heat, and
shelter from the
rain. Make sure
your pets are
inside in the
extreme heat or
at least have
access to a
shaded area.

WHAT SHOULD YOU DO IF YOU SEE A DOG YOU DON'T KNOW RUNNING TOWARDS YOU? "BECOME A TREE AND PULL IN YOUR BRANCHES!"

It is absolutely natural for a dog to want to chase something that is moving fast. If you run away from a dog chasing you they might think you are playing a game and run and jump on you. They have 4 legs, you only have 2 so they can run a lot faster! Dogs can also find direct eye contact very scary so it's best not to look in the dog's eyes. He will hopefully find you boring and move along to something else.



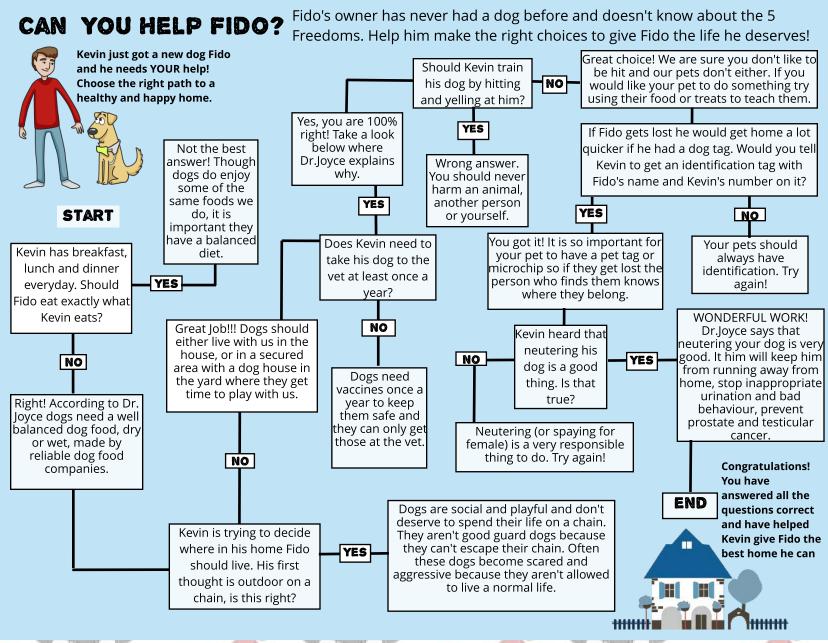
Stop



Fold in your branches



Watch your roots grow and count in your head



ASK DR.JOYCE - ALL ABOUT DOGS!

How long do dogs live for?

About 10-18 years depending on the breed, size, and health of the dog.

How do I get rid of ticks and fleas?

There are many products like
Frontline and Nexgard
available at veterinary clinics
in Cayman that dogs can take
monthly to prevent fleas and
ticks. Pest control and
cleanliness in the
environment, such as your
yard, is also important to
control ticks and fleas.

What are the most important things my dog should be protected against in Cayman?

Heat stroke, car accidents, heartworm disease, intestinal parasites (worms), external parasites (mites, ticks, fleas), parvo virus, hepatitis, and leptospirosis. These are all common and preventable diseases and can cause death of dogs in Cayman.

Should my female dog have a litter before we spay

No, letting a female dog have a litter before spaying her will increase the risk of her getting diseases caused by the pregnancy, emergency surgery needed during labor, uterine infections, and cancer in the future.

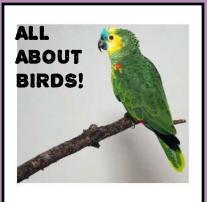
Spaying her before her first litter is best.

How often should my dog go to the vet?

If your dog is healthy, at least once yearly for a check up and vaccinations. If your dog is older or sick, it may be recommended to be more often.

What is heartworm?

Heartworm disease is a parasite given to dogs when they are bitten by mosquitoes. The mosquitoes inject the heartworms into dogs, and if heartgard is not given monthly, the worms will grow in the heart and cause death in dogs.



Think about a bird in nature. How much do they fly in a day? A whole bunch! Imagine living in a box where you couldn't even take a step? A bird needs a cage big enough to stretch his wings and fly around. Even with a big cage, your bird would love some time to fly around the house and stretch their wings for some exercise. Caged birds are often so bored and lonely that they become aggressive and can start hurting themselves. They pull out their own feathers, injure their skin, bob their heads, pace back and forth, peck over and over again at cage bars, and shake or even collapse from anxiety. Make sure your bird has a nice environment to live in!

ASK DR.JOYCE!

Do Birds need to go to the vet? Yes, at least once yearly.

What are some of the most common medical issues with birds in Cayman?

Attacked by cats or snakes, mites, bacterial infections, fungal infections, overgrown beaks or nails, broken bones, and cancer.

What are some of the most important things we need to know about our pet bird?

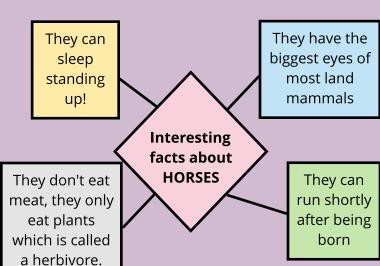
Birds are prey animals, which means they hide signs of sickness very well. You need to monitor them closely and bring them to the vet at any sign of sickness. Birds need to have very big and clean cages. They need a balanced diet with a lot of toys and enrichment in their cage.

THE BIRD FOOD GAME!

Put an X over the items that birds should NOT have...







ASK DR.JOYCE!

Can horses go to the vet?

Yes, in Cayman the vet will come to your horse.

What do horses eat?

A combination of grains, grasses, hay, treats, and supplements.

What are some important things we need to know about horses?

Horses are very sensitive animals. They need a proper diet, supplemented with vitamins if they don't have access to fresh grass. Horses do not have gall bladders (what helps us break down our food), so they need to eat multiple times per day, at least 3, to prevent stomach ulcers. Their feet need to be trimmed once every 6 weeks and their teeth need to be filed once yearly. Their field or stall needs to be cleaned regularly and it is very important that they have shade and clean water at all times. They need to be seen by a veterinarian at the first sign of sickness.

Meet Gerry the Gerbil!

Since Gerry is so small he is quite a bit more scared than a lot of other pets. He will need to get to know you before you go and just scoop him up! His life span is about 2-3 years, and has a diet of both plants and meat. Gerry would love to live in an aquarium with lots of places to burrow and hide. Gerry would love to have another male gerbil to live with, but it is best if they meet before they are 8 weeks old. He is an active little guy so nice tubes to jump through, a wheel to run on and ladders to climb would make this guy very happy!



Meet Hammy the Hamster! He and his friends are tiny little creatures that sleep all day and party at night. This is called being nocturnal. If you are a light sleeper a hamster may not be the right pet for you! Hamsters live for about 2-3 years and eat both plants and insects. They like to get exercise by running through tubes and on wheels, and burrowing in things like peat moss.



Meet Ramona the Rat! She is here to tell you that despite her and her friends sometimes bad reputation, she is actually very smart and a great companion. Rats need a lot of space in their environment and often do better with other rats to play with. They are clean and entertaining animals who bond very well with their humans. They have a life span of 2-3 years and eat both plants and meat. Rats need a lot of things to play with and a nice large clean home to live in!





Meet Piggly and Wiggly, our two handsome Guinea Pigs! Piggly and Wiggly are very friendly and love to be around each other. The best way to house guinea pigs to keep males with males and females with females. They get along best when they meet at a young age (before 6 weeks old). These guys will live between 5-7 years, and eat only grasses, vegetables and fruits. In your guinea pigs' house you should have some "hiding" boxes and plastic or cardboard tubes for them to run and play. Check your companion's nails often and call your vet if you notice a change in his behaviour!

ALL ABOUT BUNNIES

ASK DR.JOYCE - ALL ABOUT RABBITS!

What are some of the most important things we should know about a rabbits health?

Rabbits are prey animals, which means they hide signs of sickness very well. Monitor your rabbit closely to make sure it is always eating, pooping, and comfortable. Make sure your rabbit sees a veterinarian once yearly to check it's ears, teeth, and overall health. Keep your rabbit in a shaded place where it can stay cool and safely away from predators. Make sure your rabbit has a very balanced diet.

Rabbits can get bored just like you. Play with your rabbit and give her lots of attention. They should have at least 4 hours a

day outside their hutch!



I've heard rabbits need their teeth filed, is this true?

Yes, especially if they do not have a proper diet to help file them down. Rabbits have teeth that grow for their whole lives. They need to be examined by a veterinarian once yearly to see if any filing needs to be done. Some rabbits are born with worse teeth than others rabbits. If rabbits do not have dental care, they can grow too long and in the wrong direction, stopping the rabbit from being able to chew food and causing mouth sores. This can eventually lead to malnutrition and death.

What should rabbits eat?

A rabbit should have a well balanced diet made up of good quality pellets, fresh hay (timothy or other grass hays), oat hay, water, and fresh vegetables. Anything beyond that is considered a "treat", such as sugar or dairy filled candies sold at pet stores, and should be given in only small amounts. Please talk to your veterinarian about your rabbit's diet in detail.





Rhiannon Bilchuris is a truly outstanding kid. With a passion for animals she attends not only after school programs with kidsCARE, showing off her dog Jackie Chan (who her family adopted from CARE), but she also attends the free vet clinics CARE runs through their grassroots program. Making sure all the pets waiting are happy, have water, and even grooming them with her own play vet set this little lady is a true inspiration to others. Thank you for always being willing to help, and spreading awareness. You Rock!



This group of Year 6 students of Savannah Prior of an Awareness Exhibition held at their sc

Aaliyannah
Anderson, Danae
Wilson, Kayleigh
Push, Analeah
Parker, Durean
Thompson, Elizabeth
Walton-Pineda and
their teacher Miss
Nesa Pena.

Jayden Goddard celebrated his 9th birthday this year and for his party, in lieu of presents, Jayden asked for money to be donated to CARE. He collected a whopping \$200 for CARE!!!!! Well done Jayden, way to go on being such a generous, thoughtful, kind and caring young man. This group of Year 6 students of Savannah Primary School were part of an Awareness Exhibition held at their school hall this year. In attendance were students and teachers from John A Cumber Primary School, Prospect Primary School, MLAs from the district of Bodden Town, representatives from the Ministry & Department of Education, parents and family members. The central idea involved students exploring how their passion can drive them towards great accomplishment. This group from Savannah Primary School chose 'Animal Homelessness' and reached out to the kidsCARE team to provide them with some information on the subject. With the assistance and guidance of their teacher Miss Nesa Pena, the students worked collaboratively and collectively towards gathering information and performing an action geared towards changes with positive impact on all. Well done students, you are helping to create a better future through awareness.





MEET NIKO, OUR TRIPAWED PET HERO!





NIKO IS A SWEET GUY, WHO WAS IN A TREMENDOUS AMOUNT OF PAIN AND DESPERATELY NEEDED OUR HELP. THIS

HANDSOME CHAP SUSTAINED AN AWFUL INJURY TO HIS FRONT RIGHT LEG AND NEEDED IT TO BE REMOVED. AT THE SAME TIME HE WAS ALSO SUFFFERING FROM HEARTWORM DISEASE AND AN OWNER WHO DID NOT WISH TO KEEP HIM ANYMORE.

NIKO IS A TRUE "ISLAND BOY", GRATEFUL FOR A BED, SOME FOOD AND A LITTLE LOVING. WHEN WE FIRST MET NIKO HE WAS VERY SCARED, YET SO VERY GENTLE WITH PEOPLE, EVEN WITH THE PAIN HE WAS IN. NIKO'S LUCK WAS TO TURN AROUND, AS AFTER DR JOYCE FROM ISLAND VET PERFORMED THE SURGERY TO REMOVE HIS LEG, SHE ALSO KINDLY TOOK NIKO HOME TO FOSTER AFTER THE OPERATION WHERE HE WAS ABLE TO REST AND RECOVER.

NIKO DID SO WELL AFTER HIS SURGERY THAT HE WAS ABLE TO QUICKLY MOVE ONTO ANOTHER WONDERFUL FOSTER FAMILY WHO WAS TO HELP HIM THROUGH HIS HEARTWORM TREATMENT. NIKO PROVED A WONDERFUL FAMILY DOG, GETTING ALONG WELL WITH OTHER DOGS AND THE FAMILY'S TWO CHILDREN.

WE ARE VERY HAPPY TO SAY THAT NIKO IS NOW HEARTWORM FREE, LIVING LIFE TO THE FULL ON 3 LEGS, HAS BEEN ADOPTED BY A WONDERFUL FAMILY AND HAS A FUR-BROTHER EUGENE, WHOM HE JUST ADORES.



RESPECT AND COMPASSION FOR OTHERS

As part of being responsible, show respect and concern for the well-being of animals and other people. Respect ranges from using basic manners to having compassion for the suffering of others. If you see an animal being hurt,

remember that you can help.

Speak up!

Cruelty Contacts

Department of Agriculture

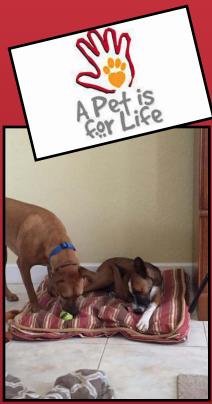
(345) 947-3090

Cayman Islands Humane Society

(345) 949-1461











HUMAN

HOW CAN YOU BECOME OUR NEXT KIDSCARE HERO?

Being kind to animals is cool and we want to hear about what you have been doing to better the lives of animals around you.

This could be doing something like this issues kidsCARE heroes did, holding a fund raiser to raise money for an animal charity, educating your friends and family about animal welfare or anything else you can think of!

If you think you have what it takes please send a short write up to *kids@caymancare.ky* about what you did and/or are doing to better the community for animals around you. We would love to see some pictures as well. Once we have all the nominations we will publish the new hero in our next issue!

SOME IDEAS OF WHAT

YOU CAN DO

- Be kind to animals
- Tell someone if you see an animal not being treated right
- Make sure your animals have all the 5 freedoms
- Hold a fund raiser to raise funds and awareness for animals
- Get crafty and make homemade pet toys

THE POSSIBILITIES ARE ENDLESS!

A BIG THANK YOU ONCE AGAIN TO DR.JOYCE AND ISLAND VETERINARY SERVICES FOR PROVIDING ALL THE MEDICAL INFORMATION TO MAKE THIS ISSUE POSSIBLE!



THANK YOU TO THIS ISSUE'S SPONSOR:

